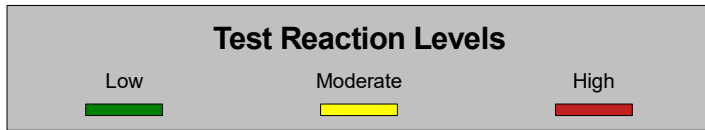


Physician: **Dr. Jack Pasula**  
 Patient: [REDACTED]  
 Identifier: [REDACTED]  
 Profile: [REDACTED]  
 Test Date: **12/05/2023**  
 Technologist: **MS**  
 Page: **1 of 2**



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 Phone: [REDACTED]  
 FL License #: [REDACTED]  
 CLIA ID #: [REDACTED]  
 U.S. Patents: [REDACTED]



Chemicals	Reaction Level		
FD&C red #4	0.6	<div style="width: 10%; background-color: green;"></div>	
Potassium nitrate	0.6	<div style="width: 10%; background-color: green;"></div>	
Capsaicin	0.9	<div style="width: 15%; background-color: green;"></div>	
Saccharin	0.9	<div style="width: 15%; background-color: green;"></div>	
Potassium nitrite	1.2	<div style="width: 20%; background-color: green;"></div>	
FD&C red #40	1.3	<div style="width: 25%; background-color: green;"></div>	
FD&C yellow #6	1.3	<div style="width: 25%; background-color: green;"></div>	
MSG	1.3	<div style="width: 25%; background-color: green;"></div>	
FD&C red #3	1.4	<div style="width: 30%; background-color: green;"></div>	
FD&C blue #2	1.4	<div style="width: 30%; background-color: green;"></div>	
Solanine	1.4	<div style="width: 30%; background-color: green;"></div>	
Fructose (HFCS)	1.5	<div style="width: 35%; background-color: green;"></div>	
Caffeine	1.5	<div style="width: 35%; background-color: green;"></div>	
Lecithin (soy)	1.6	<div style="width: 40%; background-color: green;"></div>	
FD&C green #3	1.6	<div style="width: 40%; background-color: green;"></div>	
Candida albicans	1.8	<div style="width: 50%; background-color: green;"></div>	
Tyramine	1.8	<div style="width: 50%; background-color: green;"></div>	
Acetaminophen	1.9	<div style="width: 55%; background-color: green;"></div>	
FD&C blue #1	1.9	<div style="width: 55%; background-color: green;"></div>	
Salicylic acid	1.9	<div style="width: 55%; background-color: green;"></div>	
FD&C yellow #5	1.9	<div style="width: 55%; background-color: green;"></div>	
Polysorbate 80	1.9	<div style="width: 55%; background-color: green;"></div>	
Sorbic acid	1.9	<div style="width: 55%; background-color: green;"></div>	
Sodium metabisulfite	2.1	<div style="width: 65%; background-color: yellow;"></div>	
Ibuprophen	2.1	<div style="width: 65%; background-color: yellow;"></div>	
Phenylethylamine	2.1	<div style="width: 65%; background-color: yellow;"></div>	
Aspartame	2.2	<div style="width: 70%; background-color: yellow;"></div>	
Benzoic acid	2.3	<div style="width: 75%; background-color: yellow;"></div>	
Sodium sulfite	2.3	<div style="width: 75%; background-color: yellow;"></div>	

Vegetables	Reaction Level		
Spinach	0.6	<div style="width: 10%; background-color: green;"></div>	
Sweet potato	0.7	<div style="width: 15%; background-color: green;"></div>	
Celery	0.8	<div style="width: 20%; background-color: green;"></div>	
Cauliflower	0.9	<div style="width: 25%; background-color: green;"></div>	
Green bean	0.9	<div style="width: 25%; background-color: green;"></div>	
Brussels sprouts	1.0	<div style="width: 30%; background-color: green;"></div>	
Tomato	1.1	<div style="width: 35%; background-color: green;"></div>	
Jalapeño	1.1	<div style="width: 35%; background-color: green;"></div>	
Green pea	1.2	<div style="width: 40%; background-color: green;"></div>	
Carrot	1.2	<div style="width: 40%; background-color: green;"></div>	
Leek	1.2	<div style="width: 40%; background-color: green;"></div>	
Lettuce	1.2	<div style="width: 40%; background-color: green;"></div>	
Bell pepper	1.2	<div style="width: 40%; background-color: green;"></div>	
Chard	1.3	<div style="width: 45%; background-color: green;"></div>	
Cucumber	1.3	<div style="width: 45%; background-color: green;"></div>	
Zucchini	1.4	<div style="width: 50%; background-color: green;"></div>	
Scallions	1.4	<div style="width: 50%; background-color: green;"></div>	
Radish	1.5	<div style="width: 55%; background-color: green;"></div>	
Beet	1.5	<div style="width: 55%; background-color: green;"></div>	
Butternut squash	1.5	<div style="width: 55%; background-color: green;"></div>	
Asparagus	1.6	<div style="width: 60%; background-color: green;"></div>	
Kale	1.6	<div style="width: 60%; background-color: green;"></div>	
Broccoli	1.6	<div style="width: 60%; background-color: green;"></div>	
Bok choy	1.6	<div style="width: 60%; background-color: green;"></div>	
Cabbage	1.9	<div style="width: 75%; background-color: green;"></div>	
Eggplant	1.9	<div style="width: 75%; background-color: green;"></div>	
Mushroom	1.9	<div style="width: 75%; background-color: green;"></div>	
Pumpkin	1.9	<div style="width: 75%; background-color: green;"></div>	
White potato	2.1	<div style="width: 85%; background-color: yellow;"></div>	
Onion	2.1	<div style="width: 85%; background-color: yellow;"></div>	
Corn	3.6	<div style="width: 100%; background-color: red;"></div>	

Seafood	Reaction Level		
Tuna	0.3	<div style="width: 5%; background-color: green;"></div>	
Crab	0.4	<div style="width: 10%; background-color: green;"></div>	
Catfish	1.0	<div style="width: 25%; background-color: green;"></div>	
Scallop	1.1	<div style="width: 30%; background-color: green;"></div>	
Salmon	1.4	<div style="width: 40%; background-color: green;"></div>	
Sole	1.4	<div style="width: 40%; background-color: green;"></div>	
Clam	1.5	<div style="width: 45%; background-color: green;"></div>	
Rainbow trout	1.5	<div style="width: 45%; background-color: green;"></div>	
Halibut	1.5	<div style="width: 45%; background-color: green;"></div>	
Tilapia	1.7	<div style="width: 55%; background-color: green;"></div>	
Shrimp	1.8	<div style="width: 60%; background-color: green;"></div>	
Codfish	2.5	<div style="width: 80%; background-color: yellow;"></div>	

Beans/Nuts/Legumes/Seeds	Reaction Level		
Mung bean	0.9	<div style="width: 25%; background-color: green;"></div>	
Almond	1.0	<div style="width: 30%; background-color: green;"></div>	
Red kidney bean	1.3	<div style="width: 40%; background-color: green;"></div>	
Garbanzo bean	1.3	<div style="width: 40%; background-color: green;"></div>	
Sunflower seed	1.3	<div style="width: 40%; background-color: green;"></div>	
Walnut	1.3	<div style="width: 40%; background-color: green;"></div>	
Black bean	1.3	<div style="width: 40%; background-color: green;"></div>	
Cashew	1.5	<div style="width: 50%; background-color: green;"></div>	
Pinto bean	1.6	<div style="width: 55%; background-color: green;"></div>	
Sesame	1.6	<div style="width: 55%; background-color: green;"></div>	
Lima bean	1.6	<div style="width: 55%; background-color: green;"></div>	
Peanut	1.6	<div style="width: 55%; background-color: green;"></div>	
Lentil	1.6	<div style="width: 55%; background-color: green;"></div>	
Pistachio	1.7	<div style="width: 60%; background-color: green;"></div>	
Pecan	1.7	<div style="width: 60%; background-color: green;"></div>	
Navy bean	1.8	<div style="width: 65%; background-color: green;"></div>	
Hazelnut	1.9	<div style="width: 70%; background-color: green;"></div>	
Flaxseed	1.9	<div style="width: 70%; background-color: green;"></div>	
Soybean	3.1	<div style="width: 100%; background-color: red;"></div>	

Dairy	Reaction Level		
Whey	1.1	<div style="width: 30%; background-color: green;"></div>	
Yogurt	1.1	<div style="width: 30%; background-color: green;"></div>	
Cow's milk	1.5	<div style="width: 45%; background-color: green;"></div>	
Cheddar cheese	1.5	<div style="width: 45%; background-color: green;"></div>	
Goat's milk	1.7	<div style="width: 55%; background-color: green;"></div>	
Cottage cheese	1.9	<div style="width: 65%; background-color: green;"></div>	
American cheese	2.3	<div style="width: 80%; background-color: yellow;"></div>	

Physician: **Dr. Jack Pasula**  
 Patient: **[REDACTED]**  
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 U.S. Patents: **[REDACTED]**

Flavor Enhancers	Reaction Level
Turmeric	0.3
Cayenne pepper	0.8
Honey	0.9
Vanilla	0.9
Carob	1.1
Coriander seed	1.1
Ginger	1.1
Peppermint	1.3
Nutmeg	1.3
Tamarind	1.3
Dill	1.4
Sage	1.4
Cardamom	1.4
Cumin	1.5
Black pepper	1.6
Parsley	1.6
Lime	1.6
Oregano	1.7
Paprika	1.7
Lemon	1.7
Basil	1.8
Cane sugar	1.8
Garlic	1.8
Mustard seed	1.8
Cinnamon	1.9
Maple	2.2
Rosemary	2.4

Meats/Poultry	Reaction Level
Turkey	0.8
Lamb	1.2
Pork	1.4
Collagen (beef)	1.6
Beef	1.7
Venison	1.9
Egg yolk	1.9
Chicken	2.3
Egg white	2.4

Fruits	Reaction Level
Banana	0.8
Watermelon	0.8
Cranberry	0.9
Pear	0.9
Apricot	1.0
Cantaloupe	1.1
Mango	1.1
Raspberry	1.2
Pineapple	1.2
Grapefruit	1.3
Date	1.3
Blueberry	1.3
Plum	1.3
Honeydew melon	1.4
Peach	1.6
Avocado	1.7
Strawberry	1.7
Cherry	1.7
Olive	1.8
Orange	1.9
Apple	2.1
Papaya	2.2
Grape	2.4

Grains	Reaction Level
Rice	1.3
Amaranth (grain)	1.5
Rye	1.5
Kamut	1.6
Spelt	1.6
Buckwheat	1.7
Oat	1.9
Millet	1.9
Quinoa	1.9
Wheat	2.2
Barley	2.3

Miscellaneous	Reaction Level
Tea	0.6
Rooibos tea	1.0
Tapioca	1.4
Coconut	1.5
Hops	1.9
Cocoa	2.1
Coffee	2.2
Yeast-baker's/brewer's	2.2

Interpretation: The Leukocyte Activation Assay-Mediator Release Test™ (LAA-MRT™) results are based on the Leukocyte Reactivity Index (LRI™), a proprietary algorithm developed by Oxford Biomedical Technologies. The LRI™ quantifies the relative degree of volumetric change of tested peripheral leukocytes and is a reflection of the degree of the inflammatory response to each tested item. LAA-MRT™ test results form the basis of an anti-inflammatory eating plan developed under the guidance of a qualified healthcare practitioner.

Disclaimer: It is recommended to completely avoid all tested items with Moderate or High reaction levels. Reintroduction of items that tested Moderate or High should be done under the supervision of a properly trained healthcare practitioner. If foods and chemicals that tested Low have been consumed regularly before testing, there is a high probability that they are not likely to provoke inflammatory symptoms, as long as there is no history of allergic, autoimmune, or other forms of inflammation-provoking or symptom-provoking reaction.



## LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Physician:

Identifier:

Test date:

Dr. Jack Pasula

12/05/2023

**Phase 1**  
DAYS 1 - 7

**Phase 2**  
DAYS 8 - 12

**Phase 3**  
DAYS 13 - 17

**Phase 4**  
DAYS 18 - 22

**Phase 5**  
DAYS 23 - 27

### Proteins



Tuna	Scallop	Salmon	Clam	Tilapia
Crab	Lamb	Sole	Pinto bean	Navy bean
Turkey	Garbanzo bean	Pork	Collagen (beef)	Shrimp
Mung bean	Red kidney bean	Halibut	Lentil	Venison
Catfish	Black bean	Rainbow trout	Beef	Egg yolk

### Starches / Grains



Sweet potato	Rye	Kamut	Quinoa	
Rice	Amaranth (grain)	Buckwheat	Oat	
Tapioca	Spelt	Millet		

### Vegetables



Spinach	Tomato	Cucumber	Radish	Lima bean
Celery	Bell pepper	Chard	Asparagus	Cabbage
Cauliflower	Carrot	Zucchini	Broccoli	Mushroom
Green bean	Lettuce	Butternut squash	Kale	Eggplant
Brussels sprouts	Green pea	Beet	Bok choy	Pumpkin

### Fruits



Watermelon	Apricot	Pineapple	Blueberry	Avocado
Banana	Cantaloupe	Grapefruit	Honeydew melon	Cherry
Pear	Mango	Plum	Peach	Orange
Cranberry	Raspberry	Date	Strawberry	

### Dairy / Miscellaneous



Tea	Yogurt	Cow's milk	Goat's milk	
Rooibos tea	Whey	Cheddar cheese	Cottage cheese	

### Nuts / Seeds / Oils



Almond	Cashew	Pistachio	Hazelnut	
Walnut	Peanut	Pecan	Flaxseed	
Sunflower seed	Sesame	Olive		

### Flavor Enhancers



Turmeric	Carob	Dill	Black pepper	Cane sugar
Cayenne pepper	Coriander seed	Sage	Parsley	Mustard seed
Vanilla	Leek	Cardamom	Lime	Garlic
Honey	Nutmeg	Scallions	Lemon	Basil
Ginger	Peppermint	Cumin	Paprika	Cinnamon
Jalapeño	Tamarind	Coconut	Oregano	



## LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:

██████████

Physician:

Dr. Jack Pasula

Identifier:

██████████

Test date:

12/05/2023

Day 1

Day 2

Day 3

### Proteins



Black bean  
Garbanzo bean  
Lentil  
Mung bean  
Navy bean  
Pinto bean  
Red kidney bean  
Turkey

Beef  
Collagen (beef)  
Crab  
Egg yolk  
Halibut  
Lamb  
Sole  
Tilapia

Catfish  
Clam  
Pork  
Rainbow trout  
Salmon  
Scallop  
Tuna  
Venison

### Starches / Grains



Kamut  
Millet  
Rye  
Spelt

Amaranth (grain)  
Buckwheat  
Rice  
Sweet potato

Oat  
Quinoa  
Tapioca

### Vegetables



Asparagus  
Bell pepper  
Eggplant  
Green bean  
Green pea  
Jalapeño  
Lima bean  
Tomato

Bok choy  
Broccoli  
Brussels sprouts  
Cabbage  
Cauliflower  
Kale  
Lettuce  
Radish

Beet  
Butternut squash  
Carrot  
Celery  
Chard  
Cucumber  
Spinach  
Zucchini

### Fruits



Blueberry  
Cranberry  
Mango  
Pear  
Pineapple  
Raspberry  
Strawberry

Apricot  
Cherry  
Date  
Grapefruit  
Orange  
Peach  
Plum

Avocado  
Banana  
Cantaloupe  
Honeydew melon  
Olive  
Watermelon

### Dairy / Miscellaneous



Cheddar cheese  
Cottage cheese  
Cow's milk  
Whey  
Yogurt

Coconut  
Goat's milk

Rooibos tea  
Tea

### Nuts / Seeds / Oils



Cashew  
Peanut  
Pistachio  
Sesame

Almond  
Flaxseed  
Hazelnut  
Sunflower seed

Olive  
Pecan  
Walnut

### Flavor Enhancers



Carob  
Cayenne pepper  
Jalapeño  
Leek  
Scallions  
Sesame  
Tamarind  
Vanilla

Black pepper  
Coconut  
Honey  
Lemon  
Lime  
Oregano  
Peppermint  
Sage

Cardamom  
Coriander seed  
Cumin  
Dill  
Ginger  
Nutmeg  
Parsley  
Turmeric

# LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

██████████

Physician:

**Dr. Jack Pasula**

Identifier:

██████████

Test date:

**12/05/2023**

## Phase 1

DAYS 1 - 7

## Phase 2

DAYS 8 - 12

## Phase 3

DAYS 13 - 17

## Phase 4

DAYS 18 - 22

## Phase 5

DAYS 23 - 27

### Proteins

0.3 Tuna	1.1 Scallop	1.4 Salmon	1.5 Clam	1.7 Tilapia
0.4 Crab	1.2 Lamb	1.4 Sole	1.6 Pinto bean	1.8 Navy bean
0.8 Turkey	1.3 Garbanzo bean	1.4 Pork	1.6 Collagen (beef)	1.8 Shrimp
0.9 Mung bean	1.3 Red kidney bean	1.5 Halibut	1.6 Lentil	1.9 Venison
1.0 Catfish	1.3 Black bean	1.5 Rainbow trout	1.7 Beef	1.9 Egg yolk

### Starches / Grains

0.7 Sweet potato	1.5 Rye	1.6 Kamut	1.9 Quinoa
1.3 Rice	1.5 Amaranth (grain)	1.7 Buckwheat	1.9 Oat
1.4 Tapioca	1.6 Spelt	1.9 Millet	

### Vegetables

0.6 Spinach	1.1 Tomato	1.3 Cucumber	1.5 Radish	1.6 Lima bean
0.8 Celery	1.2 Bell pepper	1.3 Chard	1.6 Asparagus	1.9 Cabbage
0.9 Cauliflower	1.2 Carrot	1.4 Zucchini	1.6 Broccoli	1.9 Mushroom
0.9 Green bean	1.2 Lettuce	1.5 Butternut squash	1.6 Kale	1.9 Eggplant
1.0 Brussels sprouts	1.2 Green pea	1.5 Beet	1.6 Bok choy	1.9 Pumpkin

### Fruits

0.8 Watermelon	1.0 Apricot	1.2 Pineapple	1.3 Blueberry	1.7 Avocado
0.8 Banana	1.1 Cantaloupe	1.3 Grapefruit	1.4 Honeydew melon	1.7 Cherry
0.9 Pear	1.1 Mango	1.3 Plum	1.6 Peach	1.9 Orange
0.9 Cranberry	1.2 Raspberry	1.3 Date	1.7 Strawberry	

### Dairy / Miscellaneous

0.6 Tea	1.1 Yogurt	1.5 Cow's milk	1.7 Goat's milk
1.0 Rooibos tea	1.1 Whey	1.5 Cheddar cheese	1.9 Cottage cheese

### Nuts / Seeds / Oils

1.0 Almond	1.5 Cashew	1.7 Pistachio	1.9 Hazelnut
1.3 Walnut	1.6 Peanut	1.7 Pecan	1.9 Flaxseed
1.3 Sunflower seed	1.6 Sesame	1.8 Olive	

### Flavor Enhancers

0.3 Turmeric	1.1 Carob	1.4 Dill	1.6 Black pepper	1.8 Cane sugar
0.8 Cayenne pepper	1.1 Coriander seed	1.4 Sage	1.6 Parsley	1.8 Mustard seed
0.9 Vanilla	1.2 Leek	1.4 Cardamom	1.6 Lime	1.8 Garlic
0.9 Honey	1.3 Nutmeg	1.4 Scallions	1.7 Lemon	1.8 Basil
1.1 Ginger	1.3 Peppermint	1.5 Cumin	1.7 Paprika	1.9 Cinnamon
1.1 Jalapeño	1.3 Tamarind	1.5 Coconut	1.7 Oregano	

# LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:

██████████

Physician:

Dr. Jack Pasula

Identifier:

██████████

Test date:

12/05/2023

## Day 1

## Day 2

## Day 3

### Proteins

1.3 Black bean  
1.3 Garbanzo bean  
1.6 Lentil  
0.9 Mung bean  
1.8 Navy bean  
1.6 Pinto bean  
1.3 Red kidney bean  
0.8 Turkey

1.7 Beef  
1.6 Collagen (beef)  
0.4 Crab  
1.9 Egg yolk  
1.5 Halibut  
1.2 Lamb  
1.4 Sole  
1.7 Tilapia

1.0 Catfish  
1.5 Clam  
1.4 Pork  
1.5 Rainbow trout  
1.4 Salmon  
1.1 Scallop  
0.3 Tuna  
1.9 Venison

### Starches / Grains

1.6 Kamut  
1.9 Millet  
1.5 Rye  
1.6 Spelt

1.5 Amaranth (grain)  
1.7 Buckwheat  
1.3 Rice  
0.7 Sweet potato

1.9 Oat  
1.9 Quinoa  
1.4 Tapioca

### Vegetables

1.6 Asparagus  
1.2 Bell pepper  
1.9 Eggplant  
0.9 Green bean  
1.2 Green pea  
1.1 Jalapeño  
1.6 Lima bean  
1.1 Tomato

1.6 Bok choy  
1.6 Broccoli  
1.0 Brussels sprouts  
1.9 Cabbage  
0.9 Cauliflower  
1.6 Kale  
1.2 Lettuce  
1.5 Radish

1.5 Beet  
1.5 Butternut squash  
1.2 Carrot  
0.8 Celery  
1.3 Chard  
1.3 Cucumber  
0.6 Spinach  
1.4 Zucchini

### Fruits

1.3 Blueberry  
0.9 Cranberry  
1.1 Mango  
0.9 Pear  
1.2 Pineapple  
1.2 Raspberry  
1.7 Strawberry

1.0 Apricot  
1.7 Cherry  
1.3 Date  
1.3 Grapefruit  
1.9 Orange  
1.6 Peach  
1.3 Plum

1.7 Avocado  
0.8 Banana  
1.1 Cantaloupe  
1.4 Honeydew melon  
1.8 Olive  
0.8 Watermelon

### Dairy / Miscellaneous

1.5 Cheddar cheese  
1.9 Cottage cheese  
1.5 Cow's milk  
1.1 Whey  
1.1 Yogurt

1.5 Coconut  
1.7 Goat's milk

1.0 Rooibos tea  
0.6 Tea

### Nuts / Seeds / Oils

1.5 Cashew  
1.6 Peanut  
1.7 Pistachio  
1.6 Sesame

1.0 Almond  
1.9 Flaxseed  
1.9 Hazelnut  
1.3 Sunflower seed

1.8 Olive  
1.7 Pecan  
1.3 Walnut

### Flavor Enhancers

1.1 Carob  
0.8 Cayenne pepper  
1.1 Jalapeño  
1.2 Leek  
1.4 Scallions  
1.6 Sesame  
1.3 Tamarind  
0.9 Vanilla

1.6 Black pepper  
1.5 Coconut  
0.9 Honey  
1.7 Lemon  
1.6 Lime  
1.7 Oregano  
1.3 Peppermint  
1.4 Sage

1.4 Cardamom  
1.1 Coriander seed  
1.5 Cumin  
1.4 Dill  
1.1 Ginger  
1.3 Nutmeg  
1.6 Parsley  
0.3 Turmeric

2315909

PATIENT:  
[REDACTED]  
PHYSICIAN:  
Dr. Jack Pasula  
TEST PROFILE:  
MRT 176  
TEST DATE:  
12/05/2023



CORN	SOYBEAN
AM. CHEESE	IBUPROPHEN
APPLE	MAPLE
ASPARTAME	ONION
BARLEY	PAPAYA
BEN. ACID	PHENYLETH.
CHICKEN	POTATO
COCOA	ROSEMARY
CODFISH	S.M.B.SULFITE
COFFEE	SOD. SULFITE
EGG WHITE	WHEAT
GRAPE	YEAST